FINDINGS FROM A 2001 SURVEY OF MASSACHUSETTS PHYSICIANS

The Massachusetts Division of Health Care Finance and Policy worked with the Massachusetts Medical Society to develop a survey of practicing physicians to measure the amount and type of free, discounted and self-paid care provided to patients in their offices. The survey was mailed to 8000 primary care and specialist physicians in June 2001. Primary-care physicians were oversampled. The state hoped to learn more about the type of ambulatory care uninsured and underinsured people seek out as well as care they may pay for out-of-pocket even while insured.

Almost 11% (n=874) of surveys were returned as of September, when the survey concluded. Physicians, as opposed to office staff, filled out most (89%) surveys.

The following five medical specialties accounted for 67% of respondents and 69% of all physicians in the sample.

Specialty	Percent of Respondents	Percent of Total
		Physicians in Sample
Internal Medicine:	23%	33%
Pediatrics:	16%	13%
Psychiatry:	9%	9%
Obstetrics-gynecology:	10%	7%
Family Medicine:	8%	7%

Six of the top ten zip codes for respondents were also among the top ten for those in the sample. They are located in Boston, Cambridge and Worcester.

* The data which follows was collected through survey responses and reflects the information provided by those who responded, therefore it is not necessarily representative of Massachusetts physicians as a whole.*

Practice type

- 72% of the respondents indicated that they were providing data for themselves
- 28% provided data for a group practice

The most common types of practices:

•	Community-based private:	25%
-	Single specialty:	21%
-	Academic/teaching:	19%
•	Solo:	17%

Practice size

- Median number of physicians in a practice is 2
- Three-quarters work in practices of six or fewer
- 90% belong to groups of 20 or fewer physicians

Insurance Coverage

Mean estimates of the type of insurance coverage by patients served*:

*Note: This data was calculated using only those responses adding to 100%.

Managed Care: 41%
Medicare: 23%
MassHealth: 17%
Indemnity: 9%
Other: 7%
Workers' Compensation: 2%

Uninsured Patients

• Eighty-one percent of the practices accept new patients regardless of their ability to pay.

Types of practices and their acceptance of new patients regardless of ability to pay:

Community Health Center: 100%
Academic/teaching practice: 92%
Group-practice: 89%
Solo-practice: 70%

- Ninety-five percent of practices currently have patients who do not have health insurance. An estimated 8% (mean) of their patients are uninsured.
- Ninety-four percent of the practices reduce or waive fees for patients who are uninsured and have financial hardship. However, 73% have no formal mechanism for determining a patient's financial hardship.
- Eighty percent of practices inform patients about the availability of public assistance programs. Forty-two percent reported assisting patients with determining MassHealth eligibility and/or completing a MassHealth application.
- The services most frequently provided to uninsured patients on a free or discounted basis last year were well visits (59%) and sick visits (17%).

Self-Pay Patients

- Practices estimate that three-quarters of self-pay patients have no health insurance. The remaining self-pay patients are either insured but are not covered for the services provided (16%), do not want services to be reported to their insurance carriers (4%), or have other reasons for paying out-of-pocket (5%).
- The services most frequently provided to self-pay patients last year were well visits (63%) and sick visits